



## 2021-2022 Swimming Season

Please make sure your swimmer has the following equipment based on their group. Remember that swimmers can not share any equipment and they can not use City of Ottawa pool's equipment.

### Blue

- Water bottle (with water)
- Goggles (in good conditions)
- Cap (OYO will provide it)
- Kick board
- Pull buoy

### Blue Advanced

- Water bottle (with water)
- Goggles (in good conditions)
- Cap (OYO will provide it)
- Kick board
- Pull buoy
- Short fins (Finis or Speedo)

### Red, Fitness and Red Advanced

- Water bottle (with water)
- Goggles (in good conditions)
- Cap (OYO will provide it)
- Kick board
- Pull buoy
- Short fins (Finis or Speedo)
- Snorkel (Finis, Speedo, Arena or Vorgee)
- Paddles (Speedo contoured)
- Rubber band (Finis)

### Elite

- Water bottle (with water)
- Goggles (in good conditions)
- Cap (OYO will provide it)
- Kick board
- Pull buoy
- Short fins (Finis or Speedo)
- Snorkel (Finis, Speedo, Arena or Vorgee)
- Paddles (Speedo contoured)
- Rubber band (Finis)
- Parachute (Finis)